



**DRUMMUNICATION:
A Transformational Experience**

The "Miracle Man" Idris Hester

A true modern day Urban Shaman
whose powerful workshops leave you uplifted and transformed.

When: Mondays

Feb 10, 24 — Mar 3, 17, 31 — Apr 14

Time: 7:00 PM to 8:30 PM

Cost: MEMBERS—\$15

nonMEMBERS —\$25/class or \$120
for all six classes

Where: Music 4 Life® Health Club

This group empowerment drumming series centers on wellness and healing at the same time unifying community spirit, transforming and energizing individuals. A wide variety of drums and percussion instruments are provided for all participants, or bring your own. Based on REMO HealthRHYTHMS, "The Miracle Man" Transformation Facilitator Idris guides you on a journey to release stress, raise your spirits to remember who you are, enhance clarity, focus and develop a culture of cooperation and community.



RSVP to reserve your seat: Call (702) 889-2881

Music4Life.us

info@music4life.us



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